






ELEM SCHOOL Pacing Guide | 2nd Step Curriculum + RULER + BPU/CPU Counseling Units + PBIS





** This version implies that counseling lessons are in place of the regular second step instruction each week




RULER Skills & TOOLS:  Charter  RULER Skills & Mood Meter  Meta-Moment  Blueprint

<u>Week of</u>		<u>Kinder</u>	<u>1st & 2nd</u>	<u>3rd</u>	<u>4th & 5th</u>	
Sept 6	Unit 1: Growth Mindset & Goal Setting	PBIS Launch/Rodeo		PBIS Launch/Rodeo		
Sept 11		PBIS Launch – add Kinder		PBIS Launch – add Kinder		
Sept 18		Unit 1: Lesson 1		Unit 1: Lesson 1		
Sept 25		Unit 1: Lesson 2		Unit 1: Lesson 2		
Oct 2		Unit 1: Lesson 3		Unit 1: Lesson 3		
Oct 9		Unit 1: Lesson 4		Unit 1: Lesson 4		
Oct 16		Unit 1: Lesson 5		Unit 1: Lesson 5		
				★ Counselor - **SEND** BPU Parent Letter ★ Admin – Provide Staff Meeting time about HIB Reporting		
Oct 23	Unit 2: Emotion Management	Unit 2: Lesson 1		Unit 2: Lesson 1	Lesson 1 - Recognize, Report, Refuse	
Oct 30		No Second Step - <u>Conference Week</u> PBIS - Plan for short day transitions		No Second Step - <u>Conference Week</u> PBIS - Plan for short day transitions		
Nov 6		Unit 2: Lesson 2		Unit 2: Lesson 2	Lesson 2 - Bystander Power	
Nov 13		Unit 2: Lesson 3		Unit 2: Lesson 3	Lesson 3 - Bystander	
Nov 20		Unit 2: Lesson 4		Unit 2: Lesson 4	Lesson 4 - Bystanders to Cyber Bullying	
Nov 27		Unit 2: Lesson 5		Unit 2: Lesson 5	Unit 2: Lesson 1	
Dec 4		PBIS Focus on community Revisit 2 nd Step concepts in areas of student struggle		PBIS Focus on community Lesson 1: Recognizing Bullying		
Dec 11		PBIS Celebration Revisit – Use Extension Activities in Second Step concept areas of student struggle		PBIS Celebration Lesson 2: Reporting Bullying		
		WINTER BREAK				
Jan 2		PBIS Re-teach Lessons ★ Counselor - **SEND** CPU Parent Letter (30 days prior) ★ Admin - Staff Meeting on CPS Reporting before lessons begin		PBIS Re-teach Lessons Lesson 3: Refusing Bullying		
Jan 8	Unit 3: Empathy & Kindness	Unit 3: Lesson 1		Lesson 4: Bystander Power	Unit 2: Lesson 5	
Jan 16		Unit 3: Lesson 2		Unit 3: Lesson 1		
Jan 22		Unit 3: Lesson 3		Unit 3: Lesson 2		
Jan 29		Unit 3: Lesson 4		Unit 3: Lesson 3		
Feb 5		Unit 3: Lesson 5 Lesson 1: Ways to Stay Safe	Unit 3: Lesson 5	Unit 3: Lesson 4		
Feb 12	Unit 4: Problem Solving	Lesson 2: The Always Ask First Rule	Unit 4: Lesson 1	Unit 3: Lesson 5		
Feb 21		Lesson 3: Safe and Unsafe Touches	Unit 4: Lesson 2	Unit 4: Lesson 1		
Feb 26		Lesson 4: The Touching Rule	Unit 4: Lesson 3	Unit 4: Lesson 2		
Mar 4		Lesson 5: Practicing Staying Safe	Unit 4: Lesson 4	Unit 4: Lesson 3		
Mar 11		Lesson 6: Reviewing Safety Skills	Unit 4: Lesson 5	Unit 4: Lesson 4		
Mar 18		Unit 4: Lesson 1	Lesson 1: Ways to Stay Safe	Unit 4: Lesson 5		
Mar 25		(Conference Week) PBIS SW Celebration before break (recommended)		(Conference Week) PBIS SW Celebration before break (recommended)		
		Spring Break				
Apr 8			Unit 4: Lesson 2	Lesson 2: The Always Ask First Rule	PBIS Lesson- Reteach review for SPRING	
Apr 15			Unit 4: Lesson 3	Lesson 3: Safe and Unsafe Touches	No Lessons – Testing will Begin (Reinforce/Reteach as needed)	
Apr 22		Unit 4: Lesson 4	Lesson 4: The Touching Rule			
Apr 29		Unit 4: Lesson 5	Lesson 5: Practicing Staying Safe			
May 6			Lesson 6: Reviewing Safety Skills			

ELEM SCHOOL Pacing Guide | 2nd Step Curriculum + RULER + BPU/CPU Counseling Units + PBIS

**** This version implies that counseling lessons are in addition to their regular second step instruction each week**

RULER Skills & TOOLS:  Charter  RULER Skills & Mood Meter  Meta-Moment  Blueprint

<u>Week of</u>	<u>Classroom Lessons</u>		<u>Counselor Lessons w/ Principal Timeline</u>		
Sept 7 th	Unit 1: Growth Mindset & Goal Setting	➤ PBIS Launch/Rodeo	★ Counselor - SEND BPU Parent Letter ★ Admin – Provide Staff Meeting Time about HIB Reporting		
Sept 12 th		➤ PBIS Launch – add Kinder			
Sept 19 th		Unit 1: Lesson 1			
Sept 26 th		Unit 1: Lesson 2			
Oct 3 rd		Unit 1: Lesson 3			
Oct 10 th		Unit 1: Lesson 4			
Oct 17 th	Unit 1: Lesson 5				
Oct 24 th	Unit 2: Emotion Management	Unit 2: Lesson 1	4 th / 5 th	Lesson 1 - Recognize, Report, Refuse	
Oct 31 st		No Second Step - Conference Week ----- PBIS - Plan for short day transitions			
Nov 7 th		Unit 2: Lesson 2	4 th / 5 th Grade	Lesson 2 - Bystander Power	
Nov 14 th		Unit 2: Lesson 3		Lesson 3 - Bystander	
Nov 21 st		Unit 2: Lesson 4		Lesson 4 - Bystanders to Cyber Bullying	
Nov 28 th		Unit 2: Lesson 5			
Dec 5 th	➤ PBIS Focus on community ➤ Revisit Second Step concepts in areas of struggle		3 rd Grade	Lesson 1 - Recognizing Bullying	
Dec 12 th	➤ PBIS SW Celebration (recommended)			Lesson 2 - Reporting Bullying	
Winter BREAK					
Jan 3 rd	➤ PBIS Re-teach Lessons		3 rd Grad	★ Counselor - SEND CPU Parent Letter ★ Admin - Staff Meeting about CPS Reporting (Jan)	
Jan 9 th	Unit 3: Empathy & Kindness	Unit 3: Lesson 1		Lesson 3 - Refusing Bullying	
Jan 16 th		Unit 3: Lesson 2	Lesson 4 - Bystander Power		
Jan 23 rd		Unit 3: Lesson 3			
Jan 30 th		Unit 3: Lesson 4		Lesson 1 - Ways to Stay Safe	
Feb 6 th		Unit 3: Lesson 5		Lesson 2 - The Always Ask First Rule	
Feb 13 th	Unit 4: Problem Solving	Unit 4: Lesson 1	Kindergarten	Lesson 3 - Safe and Unsafe Touches	
Feb 20 th		No Second Step – Mid winter Break ➤ PBIS - Reinforce Routines		Lesson 4 - The Touching Rule	
Feb 27 th		Unit 4: Lesson 2		Lesson 5 - Practicing Staying Safe	
Mar 6 th		Unit 4: Lesson 3		Lesson 6 - Reviewing Safety Skills	
Mar 13 th		Unit 4: Lesson 4			Lesson 1 - Ways to Stay Safe
Mar 20 th		Unit 4: Lesson 5			Lesson 2 - The Always Ask First Rule
Mar 27 th	(Conference Week) PBIS SW Celebration before break (recommended)		1 st / 2 nd Grade	Lesson 3 - Safe and Unsafe Touches	
Spring Break					
Apr 10 th	PBIS Re-teach Lessons			Lesson 4 - The Touching Rule	
Apr 17 th	➤ Reinforce Concepts throughout Testing Period ➤ Provide Support for student to manage emotions about testing, next grade level transitions, peer relations ➤ Provide Extensions or Re-Teach of Second Step as issues arise – Classroom Kits are helpful for reteaching or extension activities		1 st / 2 nd	Lesson 5 - Practicing Staying Safe	
Apr 24 th				Lesson 6 - Reviewing Safety Skills	
May – Jun					